



WOMBMAN WELLNESS  
INSTITUTE

# Wanga Hanyani

## — SPEAKER PROFILE —

Women's Health Strategist • Wellness Coach • Speaker

*Transforming  
women's health  
and wellbeing  
from the the  
personal to the  
professional.*



# Women's Health Strategist & Wellness Coach

I am a health strategist and wellness coach working at the intersection of women's health, performance and workplace wellbeing.

I am the founder of Wombman Wellness Institute, an organisation dedicated to advancing women's holistic health and wellbeing through education, practical solutions, and transformative wellness experiences.

My mission is to normalise women's health conversations in boardrooms, clinics, classrooms and communities; transforming silence into strategy and knowledge into power.

I am driven by a powerful belief:  
When women understand their bodies, they perform better, lead better and live better.

My work bridges the gap between personal health and professional performance, positioning women's wellbeing as a strategic advantage, not an afterthought.



Wanga Hanyani

## KEY IMPACT AREAS

### Women's Health & Wellness

Supporting women through education, programs and natural solutions to improve hormonal health and overall quality of life through holistic, practical and sustainable solutions.

### Corporate & Organisational Wellness

Helping organisations reduce burnout, improve engagement and enhance leadership performance among women by integrating wellness as a high-performance strategy.

### Medical & Healthcare Sector

Complimenting clinical care with practical lifestyle education for patients, helping bridge education gaps in menstrual and hormonal health while supporting preventative and integrative healthcare.

### Adolescent & Educational Institutions

Delivering empowering female health education sessions for high school learners, focusing on menstrual literacy, hormone awareness, body confidence and self-advocacy.

### Community & Thought Leadership

Facilitating conversations around women's health, breaking stigma and increasing awareness across different platforms.

## IDEAL AUDIENCE

- Corporate teams and executive leadership
- HR and wellness departments
- Medical professionals and healthcare institutions
- Universities and training institutions
- High schools (female learners)
- Financial institutions and development organisations
- Women's conferences and empowerment platforms