SPEAKER PROFILE

Wanga Nanthambwe-Hanyani

Founder · Women's health strategist · Speaker

Women's health, from the personal to the professional.



ABOUT WANGA

Where women's health, performance and workplace wellbeing meet.

Wanga Nanthambwe-Hanyani is a women's health strategist and the founder of Wombman Wellness Institute™, a women's health education and research institute.

The Institute advocates for women's holistic health through education, research and community. Its mission is to give women the understanding and the language to speak up for their health at every stage of life.

Wanga's background sits where few in this field do: a BSc Honours in Chemistry and postgraduate training in phyto-medicine, alongside applied experience in women's health. She speaks on behalf of the Institute, translating the science of women's health into clear, practical insight for corporate, professional and community audiences.

> **"When women understand their bodies, they make more empowered decisions about their health, their work and their lives."**

SPEAKING TOPICS

What Wanga speaks on

Women's health and workplace performance
Why women's health is a design problem at work, not a performance problem

The Infradian Advantage™
Working with the roughly monthly rhythm most workplaces are not designed around

Burnout, stress and sustainable performance

Energy and productivity across the month

Gender-responsive wellness at work
What organisations can change, and what managers need to know

Menstrual health and body literacy for young women

Formats

- Corporate keynotes
- Workshops
- Panels and conferences
- Leadership and employee events
- Awareness days, e.g. Women's Month and International Women's Day

Ideal audiences

- Corporate teams and executive leadership
- HR, people and wellness teams
- Financial institutions and development organisations
- Training institutions
- Schools (female learners)
- Women's conferences and leadership platforms

WHERE WANGA'S WORK REACHES

Workplaces and organisations
Helping organisations understand how women's health affects capacity at work, and equipping leaders and managers to respond.

Professional and training audiences
Practical education on menstrual and hormonal health for professional and training audiences, complementing clinical care.

Schools and young women
Through Blossom Her™, age-appropriate menstrual health education that helps girls understand what is normal, recognise when something is not and speak up early.

Communities and public platforms
Conversations that break the silence around women's health and build awareness across communities and media.

BOOKINGS

Book Wanga to speak

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WEB www.wombmanwellness.com